

RESPECT: THE MARTIAL ARTS CODE OF CONDUCT



A Special Master Curriculum to Help Young People
To Treat Others Respectfully

For Ages 9-14

by
Dr. Terrence Webster Doyle
with Adryan Russ

based on the
Martial Arts for Peace Book
**BREAKING THE CHAINS OF THE ANCIENT WARRIOR:
TESTS OF WISDOM FOR YOUNG MARTIAL ARTISTS**
by Dr. Terrence Webster-Doyle

Atrium Society
P. O. Box 816
Middlebury, VT 05753

Phone: (800) 848-6021

Online website: www.youthpeaceliteracy.org

Email: martialartsforpeace@gmail.com

©2011-2012 Terrence Webster-Doyle. All rights reserved.

TABLE OF CONTENTS

	Page
Lesson 1: We All Leave Footprints In Time <i>Introduction</i>	1
Lesson 2: The First Step Is The Last Step <i>The Test of Bravery</i>	9
Lesson 3: The Place Where No Fear Can Go <i>The Test of Focus</i>	21
Lesson 4: The Moment Between Night And Day <i>The Test of Spirit</i>	28
Lesson 5: The Glory Of the Endless Moment <i>The Test of Purity</i>	34
Lesson 6: Learning To Welcome the Dark <i>The Test of Selflessness</i>	42
Lesson 7: The Force of Nature Within Us <i>The Test of Humility</i>	50
Lesson 8: In Order To Travel Beyond <i>The Test of Order</i>	59
Lesson 9: United We Stand; Divided We Fall <i>The Test of Unity</i>	66
Lesson 10: Winging Your Way Into The Unknown <i>The Test of Harmony</i>	77
Lesson 11: The Illusion That Thought Weaves <i>The Test of Understanding</i>	83
Lesson 12: Seeing The Timeless Face of Humanity <i>The Test of Honor</i>	92
Lesson 13: The Small Seed of Intelligence <i>The Test of Trust</i>	100
Lesson 14: You Have Come A Long Way <i>The Test of Charity</i>	107

Lesson 15:	A Way To Heal The Wounds <i>The Test of Compassion</i>	115
Lesson 16:	Bloom Where You Are Planted <i>The Test of Strength</i>	122
Lesson 17:	The Truth That Anyone Can See <i>The Test of Wisdom</i>	129
Lesson 18:	Think Only Of Serving Tea <i>The Test of Excellence</i>	137
Lesson 19:	In The Eye Of The Hurricane <i>The Test of Love</i>	149
Lesson 20:	Becoming Your Own Master	159