

# RESPECT — THE ACT THAT PREVENTS PREJUDICE



In bowing you  
forget yourself,  
then you can  
greet one another  
because you are  
not the most  
important.

**A Special Curriculum  
For Martial Arts Instructors  
On Understanding the Roots of Prejudice**

**Ages 9 – 14**

by  
**Dr. Terrence Webster-Doyle**  
with Adryan Russ



**Special Thanks  
to  
Christina Clay  
My African American “mother” who said,  
“Time you spent talking about it,  
you could’ve had it done!  
Just do it!”**

**So I did it!**

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## TABLE OF CONTENTS

	<b>Page</b>
Lesson 1: Prejudice Creates Conflict	1
Lesson 2: Learning to Understand	10
Lesson 3: Discovering Difference	19
Lesson 4: Prejudice Begins Within	28
Lesson 5: One Fight Leads to Another	36
Lesson 6: When We're Aware, We See	44
Lesson 7: The Bells and Knots of Conditioning	52
Lesson 8: Elements of Knot-Like Thinking	62
Lesson 9: Concepts That Numb the Brain	74
Lesson 10: Our Mind Is Our Greatest Defense	82
Lesson 11: Perception Is Everything	92
Lesson 12: Thinking in New Ways	102